



## Specialty Grocery Stores & Local Ingredients

With our rich agriculture and our diverse population, the Champaign-Urbana area is overflowing with shops, markets and CSAs for getting the ingredients you're desiring. Discover what's in season at our local farmer's markets, happening May–October. Check out our specialty grocery stores with organic and gluten-free options. And don't miss our CSAs, with a CSA fair every spring to sign up before the start of the season.

### GROCERY & SPECIALTY STORES

#### Aldi

605 N. Dunlap Ave., Savoy  
855-955-2534 | [aldi.us](http://aldi.us)

801 W. Interstate Dr., Champaign  
855-955-2534 | [aldi.us](http://aldi.us)

3102 E. University Ave., Urbana  
855-955-2534 | [aldi.us](http://aldi.us)

#### Art Mart

(specialty items + wine)  
1705 S. Prospect Ave., Champaign  
217-344-7979 | [shopartmart.com](http://shopartmart.com)

#### Cheese & Crackers

(fish market + cheese + wine)  
1715 W. Kirby Ave., Champaign  
217-615-8531 | [crackerscheese.com](http://crackerscheese.com)

#### Common Ground Food Co-Op

300 S. Broadway Ave., Urbana  
217-352-3347 | [commonground.coop](http://commonground.coop)

#### Grovestone

(olive oil + seasonings)  
1707 W. Kirby Ave., Champaign  
217-239-2700 | [grovestone.com](http://grovestone.com)

#### Harvest Market

2029 S. Neil St., Champaign  
217-355-7878 | [goharvestmarket.com](http://goharvestmarket.com)

#### Natural Gourmet

2225 S. Neil St., Champaign  
217-355-6365

#### Old Time Meat & Deli

2018 S. Neil St., Champaign  
217-351-9123 | [oldtimemeatanddeli.com](http://oldtimemeatanddeli.com)

#### World Harvest & Strawberry Fields

306 W. Springfield Ave., Urbana  
217-356-4444 | [worldharvestfoods.com](http://worldharvestfoods.com)

### INTERNATIONAL STORES

#### A-1 Grocery

904 th St., Champaign

#### AM-KO Oriental Foods & Gifts

101 E. Springfield Ave.  
217-398-2922 | [amkogrocery.com](http://amkogrocery.com)

#### Annapoorna

505 S. Neil St., Champaign  
217-355-5215 | [annapoornastore.com](http://annapoornastore.com)

#### Ashar African Market

510 N. Cunningham Ave., Urbana  
217-607-5909

#### Asian Supermarket

1215 N. Prospect Ave., Champaign  
217-356-3733 | [asiansupermarketcu.com](http://asiansupermarketcu.com)

#### Best of Africa Food Store

208 W. Griggs St., Urbana  
217-298-2111 | [bestofafricafs.com](http://bestofafricafs.com)

#### Bombay Market

1726 W. Bradley Ave., Champaign  
217-552-1516

#### El Progreso

510 N. Cunningham Ave., Urbana  
217-607-1533

#### El Progreso Latino

1017 1/2 W. Bloomington Rd., Champaign  
217-363-3069

#### Far East Grocery

105 S. Fifth St., Champaign  
217-352-7137

#### Fresh International Market

505 S. Neil St., Champaign  
217-607-1665 | [freshimarket.com](http://freshimarket.com)

#### Grace African Market

2010 W. Springfield Ave.  
217-607-1059

#### Green Onion Asian Market

2020 S. Neil St., Champaign  
217-359-5370

#### La Morenita Mexican Store

607 N. Cunningham Ave., Urbana  
217-530-4023

#### Los Paisas

1102 N. Prospect Ave., Champaign  
217-607-2144 | [lospaisas.business.site](http://lospaisas.business.site)

#### Maligaya's

2410 W. Springfield Ave., Champaign  
217-352-2606

#### Tienda Guatemala

408 N. Race St., Urbana

### FARMER'S MARKETS

#### Tuesday

Champaign Farmer's Market, 3:00–6:00 p.m.,  
One Main Plaza, May–October

#### Wednesday

Rantoul Farmer's Market, 4:00–7:00 p.m.,  
Congress & Garrard, every other week from  
May–October

Homer Farmer's Market, 4:00–6:00 p.m.,  
downtown Homer from May–September

#### Thursday

Monticello Farmer's Market, 3:00–6:00 p.m.,  
State & Livingston, mid-June–October

Sustainable Student Farm, 11:00 a.m.–4:00 p.m.,  
University of Illinois Quad, end of May–October

#### Friday

Mahomet Farmer's Market, 4:00–7:00 p.m.,  
downtown Mahomet, Memorial Day–mid-  
October

#### Saturday

Urbana's Market at the Square, 7:00 a.m.–Noon,  
Corner of Illinois & Vine, May–October

Champaign-Urbana Indoor Market, 8:00 a.m.–  
Noon, Lincoln Square Mall, November–April

### CSAs

Bane Family Meats (meat)

Berries & Flour (desserts)

Brackett Farm (fruits & vegetables)

Delight Flower Farm (flowers)

Florosophy Farms (flowers)

Hendrick House Farm (fruits & vegetables)

Illinois Willows (flowers)

Joy of Illinois (dairy, eggs)

Joyful Wren Farm (eggs)

Munger Manor Farm (fruits & vegetables)

Salted Spade (fruits & vegetables)

Sola Gratia (fruits & vegetables)

Triple S Farms (meat)